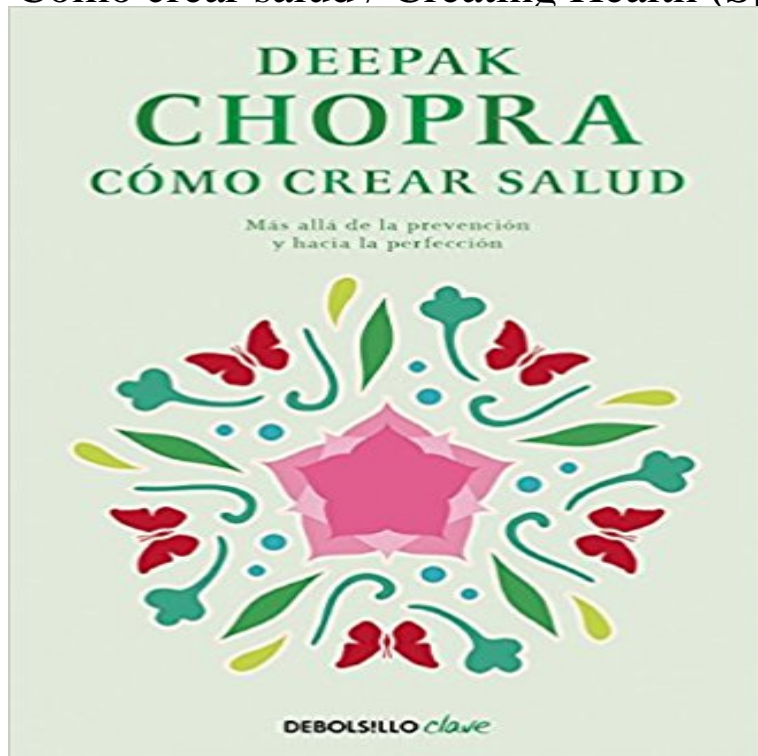


Como crear salud / Creating Health (Spanish Edition)



El Dr. Deepak Chopra nos ofrece un metodo para despertar la inteligencia interna de nuestro cuerpo y lograr la curacion a traves del poder de la mente. Esta es una obra indispensable para todas aquellas personas que buscan una curacion. Con sabiduria y sencillez, Chopra analiza y explica las enfermedades mas frecuentes de nuestro tiempo: cancer, abuso del tabaco, alcohol, drogas, sobrepeso, trastornos gastrointestinales, insuficiencia sexual, insomnio, estres, enfermedades emocionales y depresion. Asimismo, brinda respuestas y guia a quien lo escucha para comprender la conexion mente-cuerpo y conocer nuestra capacidad de autocuracion. ENGLISH

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