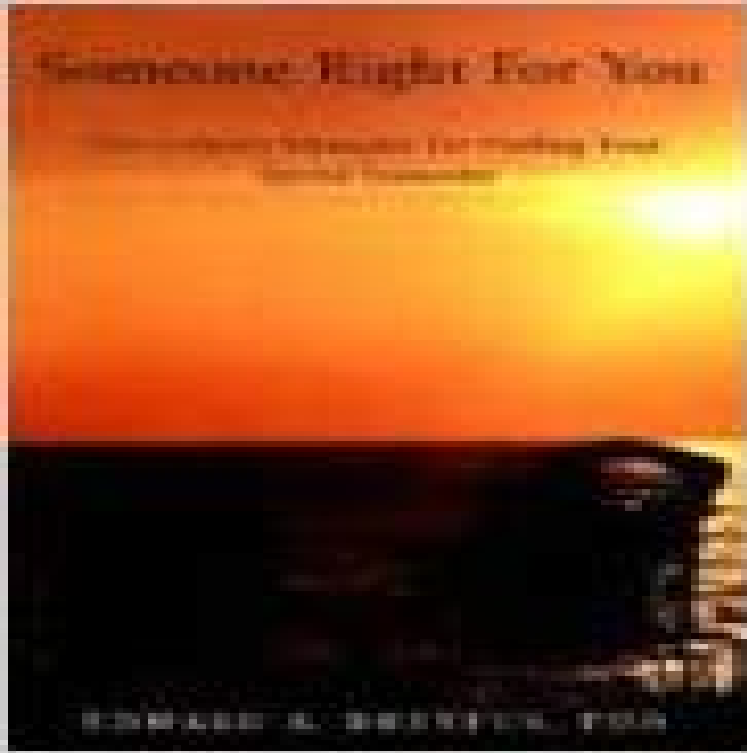


Someone Right for You



The book is divided into two parts and sixteen chapters. Part I develops the authors overall strategy for find someone right. The strategy is based on the assumption that people can learn to choose more wisely and appropriately when they know what they are looking for in a mate. The first step toward learning how to make more effective choices is for the reader to have greater understanding of him or herself. The author suggests that most people seek mates based on incomplete self-understanding and unrealistic thinking.

The first several chapters of the book take the reader through a series of exercises designed to increase self-awareness. Based on this self-understanding, one can then develop a list of criteria for selecting an appropriate mate. The next chapters guide the readers in preparing themselves for finding and meeting Mr. or Mrs. Right. The reader will learn to differentiate between whether they want a permanent mate or a playmate. There is a chapter dealing with shyness and learning how to overcome it. There is another chapter on learning how to flirt and how to read body language. And there is a chapter discussing how to go about deciding on where one should look for the someone right. Included in this chapter is a discussion of dating services and Internet dating. Part II of the book presents a series of individuals who used the strategies outlined in Part I. By presenting a series of real people with whom the reader can identify, one can have a sense of how the process actually works. In these chapter we meet six people, each with their own unique style, and travel with them as they embark upon a journey of self-discovery leading them to finding someone right for them. In these chapters we also learn that some people actually think that they want a permanent mate, when in reality they are looking for a playmate.

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Its easy to feel incredibly close and connected with someone youre [he or she] is not the right one for you, Cindi Sansone-Braff, author of **How To Tell If Someone Is Right For You Thought Catalog** And if youre with someone whos right for you, props! We all do dumb things, but if you are with the right person, youll stand up for them **50**

Questions to Check if Someones Right for You - LovePanky Here are some things to ask your crush to see if theyre right for you. You should ask them the following 50 questions to find out if they are right for you. You need to make a conscious effort in getting to know your crush by asking these questions. **17 Early Signs That Show Theyre Not The**

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