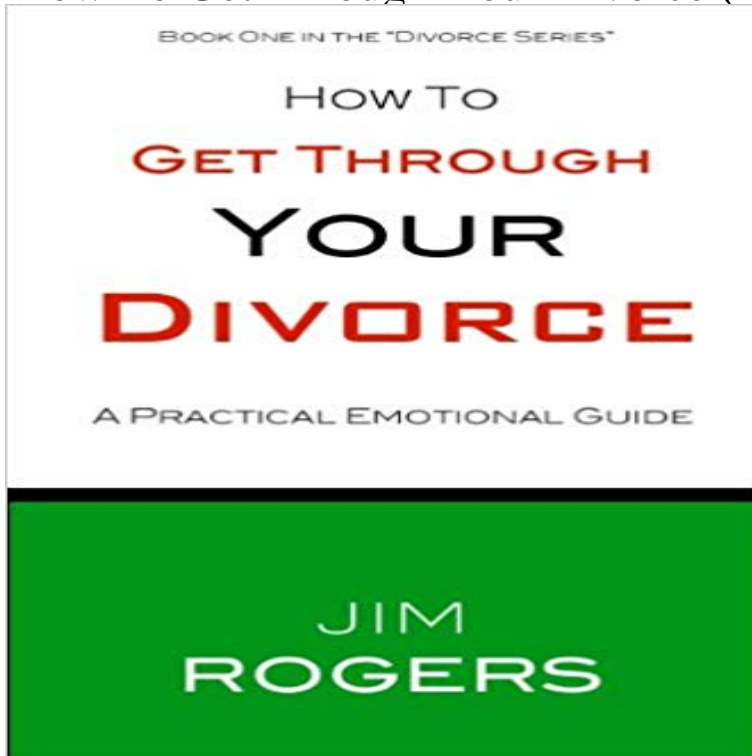


# How To Get Through Your Divorce (Divorce Series Book 1)



Do you want to get through your divorce with as little pain as possible? How To Get Through Your Divorce is a compassionate and comprehensive guide of divorce coping and divorce support that will help you get through the difficult emotional and psychological challenges that are most often brought about by the experience and process of divorce. Inside How To Get Through Your Divorce you'll discover:

- \* The best ways to care for yourself overall.
- \* The importance of emotional self-care.
- \* Where your pain comes from and why it's so intense.
- \* How to properly communicate with your soon-to-be ex.
- \* The importance of forgiving your soon-to-be ex.
- \* How you can choose to easily forgive your soon-to-be ex.
- \* How you can grow from this painful experience.

**SPECIAL BONUS CHAPTERS!**

- >> A special chapter for those who don't want out of the marriage.
- >> A special chapter for those who do want out of the marriage.

The first of four eBooks in the Divorce Support Series, written by international author, Relationship Consciousness Expert, and MidlifeHeart Coach(tm), Jim Rogers, (twice divorced himself) How To Get Through Your Divorce, is a deeply insightful book that gives you a comprehensive understanding of the necessary considerations to make, and the practices to begin, that will help you get through your divorce with your sanity intact. For those who read this eBook, it's suggested that you read another of the author's books, What Does It Mean To Heal My Heart. This book and its companion are just for you, especially if you're about to go, or are going through a divorce. Buy How To Get Through Your Divorce now, before this special introductory price goes up! Additional eBooks in this series are: How To Get Your Kids Through Your Divorce, How To Move On After Your Divorce, How To Find A Relationship After Your Divorce.

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